

*Songs sung and verses recited
in Sadhu Bābā's Goṣṭhi*

আশ্রমে পদাবলী

**Kirtan Program
in Sadhu Baba's Ashram**

Located next to Bhajanashram,
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SONGS FOR EVENING AAROTI

Gaura Aroti (Vira Ballabha dasa)
Radha's Evening Aroti (Jaya Jaya Radha-ji Go)
Madan Gopaal's Evening Aroti
Tulasi Evening Aaroti
Taarak brahma Naam
Raadhe Govinda Jaya
Chay Goswaami Vandana
Nitai Gaura Haribol
Prem Dhvani

(For the comfort of new devotees the Bengali texts are written in phonetic script —
pronounce as you read)

MANGALA ĀROTI GAURA KISHORA

This is a popular Bengali song describing the auspicious ceremony of awakening the youthful Lord Caitanya (Gaura Kishor). It is often sung together with the next song, which is in the same mode and which describes the *mangala aroti* of Raadhaa and Krishna.

**MANGALA AAROTI GAURA KISHOR
MANGALA NITYAANANDA JORA HI JOR**

The auspicious ceremony of awakening the youthful Gaura (Sri Caitanya Mahaaprabhu) takes place along with the loud awakening of Lord Nityaananda.

**MANGALA SRI ADVAITA BHAKATA HI SANGE
MANGALA GAAOTA PREMA TARANGE**

Sri Advaita Aacaarya along with His devotees sings auspicious songs, flowing like waves of love of God.

**MANGALA BAAJATA KHOLA KARATAALO
MANGALA HARI DAASA NAACATA BHAALO**

Auspicious drums and hand cymbals resound.
The auspicious devotee Hari daas Thaakur dances beautifully.

**MANGALA DHUPA DIPA LOIYA SVARUP
MANGALA AAROTI KORE APARUP**

Sri Svarupa Daamodara Gosvaami takes auspicious incense and lamps and performs a wonderful *mangala aroti* ceremony.

**MANGALA GADAADHARA HERI PAHUN HAAS
MANGALA GAAOTE DINA KRISHNA DAAS**

The auspicious Gadaadhara Pandit smiles when he sees the Lord.
The fallen devotee Krishna Daas sings this auspicious song.



MANGALA ĀROTI YUGALA KISHORA

This song describes the auspicious ceremony of awakening Radha and Krishna in Vrindavan's love-groves.

**MANGALA AAROTI YUGALA KISHOR
JAYA JAYA KORATAHI SAKHI-GANA BHOR**

Their girlfriends (*sakhis*) praise the youthful Divine Couple during Their Mangala Aaroti, singing jaya! jaya!

**RATANA PRADIPA KORU TALAMALA TOR
NIRAKHATA MUKHA VIDHU SYAAMA SUGAUR**

A jeweled lamp is swung around as an offering to Radha-Krishna. The *sakhis* behold the moon-like faces of bluish Krishna and golden Radha.

**LALITA VISHAKHA SAKHI PREME AGOR (2X)
KOROTO NIRAMANCHAN DONHE DUHUN BHOR (2X)**

The girlfriends Lalita and Vishakha are absorbed in feelings of love. They are absorbed in worshipping Radha and Krishna with this *mangala aroti*-ceremony.

**SHRI VRINDAVANA KUNJA BHUVANA UJOR
MURATI MANOHARA YUGALA KISHOR**

The forest grove in Vrindaavan beautifies the whole world. Along with the enchanting form of the divine youthful Couple Radha and Krishna.

**GAOETE SHUKA PIKA NAACATA MOR (2x)
CANDA UPEKHI MUKHA NIRAKHE CAKOR (2x)**

The parrots and the cuckoos sing and the peacocks dance in Vrindaavan. The Cakora-birds reject their beloved moon to stare at the beautiful faces of Radha and Krishna.

**BAAJATA VIVIDHA YANTRA GHANA GHOR
SYAAMAANANDA AANANDE BAAJAAY JAAY TOR**

Many kinds of musical instruments are busily being played. Syaamaananda blissfully plays them for the divine Couple.

SRI PANCA TATTVA VANDANA

This is a Bengali song in praise of Sri Caitanya Mahaprabhu and His eternal associates, sung before commencing lectures.

JAY JAY NITYAANANDAADVAITA GAURAANGA

Glory to Lord Nityaananda, Sri Advaita Aacaarya and Lord Gauranga (Caitanya)!

NITAAI GAURAANGA ! NITAAI GAURAANGA! (2X)

JAY JAY NITYAANANDAADVAITA GAURAANGA

JAY JAY YASHODAA NANDANA SHACI SUTA GAURACANDRA

Glory to the son of mother Yashoda (Krishna) who now appeared as the moon-like Gaura (Caitanya), the son of mother Shaci.

JAY JAY ROHINI NANDANA BALARAAM NITYAANANDA

Glory to Lord Nityaananda, Who is actually Lord Balarama, the son of mother Rohini.

JAY JAY MAHA VISHNU AVATAARA SHRI ADVAITA CANDRA

Glory to the moon-like Sri Advaita, who is an descension of Maha Vishnu.

JAY JAY GADAADHARA SHRIVAASAADI GAURA BHAKTA VRINDA

Glory to Gadaadhara Pandit, Shrivaas Pandit and the other devotees of Lord Gaura.

JAY JAY SVARUP RUPA SANAATANA RAAY RAAMAANANDA

Glory to Svarupa Daamodara Gosvaami, Rupa Gosvaami, Sanaatana Gosvaami and Raamaananda Raay, Shri Caitanya's foremost associates.

JAY JAY KHANDA-VAASI NARAHARI MURAARI MUKUNDA

Glory to the inhabitants of the town of Khanda (in Bengal) named Narahari, Muraari and Mukunda (see Caitanya Caritaamrita Aadi-lilaa chapter 10, verses 78 and 79)

JAY JAY PANCA PUTRA SANGE NAACE RAAY BHAVAAANANDA

Glory to Bhavaananda Raay, who dances along with his five devotee-sons (see Caitanya Caritaamrita Aadi lilaa chapter 10, verses 133 and 134)

JAY JAY TINA PUTRA SANGE NAACE SEN SHIVAANANDA

Glory to Shivaananda Sen, who dances along with his three sons
(see Caitanya Caritaamrita Aadi lilaa chapter 10, verse 62)

JAY JAY DVAADASHA GOPAALA AADI CAUSHATHI MAHAANTA

Glory to the twelve cowherdboy-associates of Lord Nityaananda (or Balaraama) and all the sixty-four great associates of Lord Caitanya.

EI BAAR KRIPAA KORI DEHO GAURA CARANAARAVINDA

This time please give me the lotus feet of Lord Gaura!

**GAURA CARANAARAVINDA (2X)
JAY JAY NITYAANANDAADVAITA GAURAANGA**

Glory to Lord Nityaananda, Advaita Aacaarya and Lord Gauraanga!

JAY JAY NITYAANANDA SHRI ADVAITA GAURAANGA (2X)



SRI RĀDHĀ-KRṢṂA VANDANA

This Bengali song, glorifying Shri-Shri-Radha-Krishna and Their eternal associates, is sung after lectures.

JAY JAY RAADHE KRISHNA! GOVINDA!

All glories to Radha and Krishna, who is also called Govinda.

**RAADHE GOVINDA ! RAADHE GOVINDA!
E BAAR DOYAA KORO GO RAADHE!**

(This time be merciful to me, O Raadhe!)

**RAADHE GOVINDA! RAADHE GOVINDA!
JAY JAY RAADHE KRISHNA GOVINDA!**

JAY JAY SYAAMSUNDAR MADAN MOHAN VRINDAAVANA CANDRA

All glories to Syaamasundara, or beautiful and black Krishna, Who enchants even Cupid (Madan Mohan) and Who shines like the moon in Vrindaavan.

JAY JAY RAADHAA RAMAN RAAS BIHAARI SHRI GOKULANANDA !

All glories to Krishna, who is the lover of Raadhaa (Raadhaa Raman), the enjoyer of the Raas dance (Raas bihari) and who gives joy to the area of Gokula (Gokulananda).

JAY JAY RAADHAA KAANTA RAADHAA VINOD SHRI RAADHAA GOVINDA

All glories to Krishna, who is the lover of Raadhaa (Raadhaa Kaanta), who delights Raadhaa (Raadhaa Vinod) and glories to Raadhaa and Govinda together!

JAY JAY RAASESHVARI VINODINI BHAANUKULA CANDRA

All glories to Srimati Radharani, who is the Queen of the Raas-dance (Raaseshvari) who gives pleasure (Vinodini) and who rises like the moon in the family of king Vrishabhraanu (Bhaanukula Candra)!

JAY JAY LALITAA VISHAAKHA AADI JOTO SAKHI VRINDA

All glories to Lalitaa and Vishaakhaa and all the other girlfriends of Raadhaa and Krishna.

JAY JAY SRI RUPA MANJARI AADI MANJARI ANANGA

All glories to Sri Rupa manjari and all the other maidservants of Raadhaa and Krishna, such as Ananga Manjari, Sri Radha's younger sister.

JAY JAY PAURNAMAASI KUNDALATAA JAY BIRAA VRINDAA

All glories to Paurnamaasi, who is Yogamaayaa, who arranges for Raadhaa and Krishna's secret meetings, Kundalataa, Krishna's niece, and Viraa and Vrindaa, the expert messengers of Raadhaa and Krishna.

TOMRAA SOBEI MILE DOYAA KORO AAMI ATI MANDA

All of you please be merciful to me, I am a great wretch!

EI BAR KRIPAA KORI DEHO YUGAL CARANAARAVINDA

All of you, please give me the lotus feet of Radha and Krishna.

**YUGAL CARANAARAVINDA (2X)
RAADHE GOVINDA! RAADHE GOVINDA !**

**JAY JAY RAADHE KRISHNA GOVINDA
JAY JAY RAADHE KRISHNA RAADHE KRISHNA GOVINDA (2X)**



SRI GAURA'S EVENING ĀROTI SONG

**BHAALI GORACAANDERA AAROTI BONI
BAAJE SANKIRTANERA MADHURA RASA DHVANI**

“How beautiful is the evening-*arati* of Goracand!
The *sankirtan* resounds sweetly and tastefully.”

**SHANKHA BAAJE, GHANTA BAAJE, BAAJE KARATAALA
MADHURA MRIDANGA BAAJE, SHUNITE RASAALA**

“Conchshells resound, bells ring and Hand cymbals chime.
Sweet clay drums pound. All this is very tasteful to hear.”

**VIVIDHA KUSUMA PHULE GOLE VANAMAALAA
KOTO KOTI CANDRA JINI VADANA UJJAALAA**

“Around His neck Gora wears a garland of different kinds of forest flowers and His face
shines brighter than millions of moons.”

**BRAHMAA AADI DEVA JAARE KARAJORA KORE
SAHASRA VADANE SHIRE MANI CHATRA DHARE**

“Brahmaa and other demigods stand there with folded hands and the thousand headed
Shesh holds a jewelled umbrella over His head.”

**SHIVA SHUKA NAARADA VEDA VICAARE
NAAHI PARAATPARA BHAAVE VIBHORE**

“Shiva, Shuka and Naarada are considering that nothing higher than this can be found in
the Vedas, and thus they become absorbed in ecstasy.”

**SHRINIVAASA HARIDAASA MANGALA GAAOWE
NARAHARI GADAADHARA CAAMARA DHULAAOWE**

“Shrinivaas and Haridaas sing auspicious songs while Narahari and Gadaadhara whirl
yaktail fans.”

**VIRA VALLABHA DAASA SHRI GAURA CARANE AASH
JAGABHARI RAHALO MAHIMAA PRAKAASH**

“Vira-vallabha dasa yearns for Sri Gaura's lotus feet and the whole world is filled with the manifestation of His glories.”



RĀDHĀ'S EVENING ĀROTI

**JAYA JAYA RAADHAAJI GO! SHARANA TOHARI
AICHANA AAROTI JAAO BOLIIHAARI!**

All glories to the shelter of the lotus feet of Radha! All glories to such an aaroti-ceremony!

**PATTA PATTAAMBARA ORE NILA SHAARI
SINTHI PORE SINDURA JAO BOLIHARI**

Radha wears a blue silk sari and veil And She has splendid red powder on Her part (as worn by married girls in India).

**BESHA BANAAAYALA PRIYA SAHACARI
RATANA SINGHAASANE BAITHALI GAURI**

Her dear maidservants help Her in arranging Her dress.
Gauri (golden-complexioned Radha) sits on a jeweled throne.

**RATANA JARITA MONI MAANIKYA MOTI
JHALAMALA AABHARANA PRATI ANGA JYOTI**

Each of Her limbs is illuminated by glistening ornaments of jewels and pearls.

**CUWA CANDANA GANDHA DEHI BRAJA BAALAA
VRISHABHAANU RAAJ NANDINI VADANA UJAALAA**

The gopis of Vraja are anointing Her body with fragrant sandalwood pulp.
The face of king Vrishabhaanu's daughter shines splendidly.

**CAUDIKE SAKHI-GANA DEHI KORATAALI
AAROTI KORATAHI LALITAA PIYAARI**

Songs and verses of Sadhu Baba's goshi

On all sides Her girlfriends blissfully clap their hands.
Radha's dear girlfriend Lalitaa performs the aaroti-ceremony.

**NAVA NAVA VRAJAVADHU MANGALA GAAOE
PRIYA NARMA SAKHI-GANA CAMARA DHULAOE**

The young married girls of Vraja sing auspicious songs.
And the best girlfriends of Radha fan Her with whisks.

**RAADHAA PAADA PANKAJA BHAKATAHI AASHAA
DAASA MANOHARA KOROTO BHARASA**

Manohara Daas desires the service of Radha's lotus feet.



MADAN GOPĀL'S EVENING-ĀROTI

**HARATA SAKALA SANTAAPA JANAMA KO
MITATA TALAPA JAMA KAALA KI**

This *aroti* removes all material suffering and eases the pain at the time of death.

AAROTI KIYE JAI JAI SRI MADAN GOPAALA KI

All glories to the *aroti* of Sri Madan Gopaal (Krishna, the Cupid-cowherdboy)!

**GO GHRITA RACITA KARPURA KAA BAATI
JHALAKATA KAANCANA THAALA KI**

A camphor-wick with clarified butter is burning on a golden plate (and is offered to
Krishna during the ceremony).

**CANDRA KOTI KOTI BHAANU KOTI CHABI
MUKHA SHOBHAA NANDA DULAALA KI**

The face of Nanda's son Krishna is more beautiful and splendid than millions of moons
and suns.

**MAYURA MUKUTA PITAAMBARA SHOHE
BAAJATA VENU RASAALA KI**

Krishna wears a beautiful crown of peacock feathers and a yellow *dhoti*

Songs and verses of Sadhu Baba's gosthi

and He plays a delicious flute-song.

**CARANA KAMALA PORE NUPURA BAAJE
URE DOLA VAIJAYANTI MAALA KI**

His anklebells jingle on His lotus feet and
on His chest swings a garland of forest flowers.

(chorus) AAROTI KIYA JAI JAI SRI MADAN GOPAALA KI

All glories to the *aroti* of Sri Madan Gopaal.

**SUNDARA LOLA KAPOLANI KIYE CHABI
NIRAKHATA MADANA GOPAALA KI**

How beautiful is Madan Gopaal to behold,
His earrings dangling on His glossy cheeks!

**SURA-NARA-MUNI-GANA KORATAI AAROTI
BHAKATA VATSALA PRATIPAALA KI**

Demigods, human beings and sages perform the *aroti*-ceremony
to the protector and benefactor of the devotees (Krishna).

**BAAJE GHANTA TAALA MRIDANGA JHANJARI
ANJALI KUSUMA GULAALA KI**

Hand-cymbals and drums are playing
and handfuls of flowers and colored powder are thrown at Krishna.

**HU HU BOLI BOLI RAGHUNAATH DAAS GOSVAAMI
MOHANA GOKULA LAALA KI (2X)**

Out of love, Raghunatha Das Gosvami cries out 'hu hu!'
O enchanting boy of Gokula!

**(Chorus) AAROTI KIYE JAY JAY SRI MADAN GOPAALA KI
MADANA GOPAALA JAY JAY JASHODAA DULAALA KI**

Glories to Madan Gopaal, the son of Mother Yashodaa!

**YASHODAA DULAALA JAY JAY NANDA DULAALA KI
NANDA DULAALA JAY JAY GIRIDHAARI LAALA KI**

Songs and verses of Sadhu Baba's gosthi

Glories to the son of Yashodaa and Nanda!
Glories to the son of Nanda, the lifter of Govardhana Hill!

**GIRIDHAARI LAALA JAY JAY GOVINDA GOPAALA KI
GOVINDA GOPAALA JAY JAY GAURA GOPAALA KI**

All glories to Giridhari, Govinda, Gopaal! Glory to Govinda Gopaal and Gaura Gopaal
(Shri Caitanya, the golden cowherd)

**GAURA GOPAALA JAY JAY SHACIRA DULAALA KI
SHACIRA DULAALA JAY JAY NITAAI DAYAALA KI**

Glory to Gaura Gopaal, the son of mother Shaci!
Glory to the son of mother Shaci and the merciful Nitaai (Lord Nityaananda).

NITAAI DAYAALA SITAA ADVAITA DAYAALA KI

Glory to the merciful Nitai, Sita (the consort of Advaita Acarya) and Advaita Acarya

(chorus) AAROTI KIYA JAY JAY SHRI MADAN GOPAALA KI (2X)



SRI TULASI EVENING ĀROTI

**NAMO NAMO TULASI MAHAARAANI
VRINDE JI MAHAARAANI NAMO NAMO**

“Obeisances to you again and again, Tulasi Mahaaraani, Vrinde ji Mahaaraani!”

**NAMO RE NAMO RE MEYA NAMO NAARAAYANI
(KRISHNA BHAKTI PRADAAYINI) NAMO NAMO**

“O Naaraayani (consort of Naaraayana), O bestower of Krishna-devotion! Obeisances to
you again and again.”

**JAAKO DARASHE, PARASHE AGHA NAASHI
MAHIMAA VEDA PURAANE VAAKHAANI**

“The Vedas and Puraanas proclaim your glories, saying that you destroy the sins of
whoever sees you or touches you.”

JAAKO PATRA, MANJARI KOMALA,

**SHRIPATI CARANA KAMALA LAPATAANI
RAADHAA PATI CARANA KAMALA LAPATAANI**

“Your leaves and tender budding flowers entwine the lotus feet of Shripati (Vishnu) or the Lord of Raadhaa (Krishna).”

**DHANYA TULASI, PURANA TAPA KIYE
SHAALAGRAAMA KI MAHAA PAATARAANI**

“Blessed you are, Tulasi, for by completing your penance you have become the great Queen of Shaalagraam (the sacred stone of Vishnu).”

**DHUPA DIPA, NAIVEDYA AAROTI
PHULANA KIYE BARAKHAA BARAKHAANI**

“You delight those who offer you incense, lamps, food or *aroti* and shower them with your grace.”

**CHAPPANNA BHOGA, CHATRISHA BYANJANA,
BINAA TULASI PRABHU EKA NAAHI MAANI**

“The Lord will not accept any of the 56 offerings with 36 types of vegetables offered to Him if there are no Tulasi leaves on them.”

**SHIVA SANAKAADI, AURA BRAHMAADIKO
DHURATA PHIRATA MAHAA MUNI GYAANI**

“Shiva, Sanaka, Brahmaa and all other greatly wise sages circumambulate you.”

**CANDRA SAKHI MEYA, TERO JASHO GAAOWE
BHAKATI DAANA DIJIYE MAHAARAANI**

“Candra Sakhi is singing your glories. O Mahaaraani! Please bestow devotion upon me!”



AFTER PARIKRAMAA TAARAK BRAHMA NAAM IS SUNG:

**HARE KRISHNA HARE KRISHNA KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA RAMA RAMA HARE HARE**



AFTER THIS:

JAY JAY RAADHE RAADHE GOVINDA JAYA JAYA



CHAY GOSVĀMI VANDANA

Praise of the Six Gosvaamis

**HARI HARAYE NAMAH KRISHNA YAADAVAAYA NAMAH
YAADAVAAYA MAADHAVAAYA KESHAVAAYA NAMAH
GOPAALA GOVINDA RAAM SHRI MADHUSUDAN
GIRIDHAARI GOPINAATHA MADANA MOHAN**

All glories to Krishna, who is named Hari, Yaadava, Maadhava, Keshava, Gopaal, Govinda, Raam, Shri Madhusudan, Giridhaari, Gopinaath and Madana Mohan.

**SHRI CAITANYA NITYAANANDA SHRI ADVAITA SITAA
HARI GURU VAISHNAVA BHAAGAVATA GITAA
SHRI RUPA SHRI SANAATANA BHATTA RAGHUNAATH
SHRI JIVA GOPAALA BHATTA DAASA RAGHUNAATH**

All glories to Shri Caitanya, Nityaananda, Shri Advaita Prabhu and His wife Sitaa.
All glories to Hari (Krishna), the Guru, the Vaishnava devotees, and the holy scriptures the
Bhaagavat Puraana, and the Bhagavad Gitaa.

All glories to Shri Caitanya's disciples Shri Rupa Gosvaami, Shri Sanaatan Gosvaami,
Raghunaath Bhatta Gosvaami, Shri Jiva Gosvaami, Shri Gopaal Bhatta Gosvaami and
Raghunaath Daas Gosvaami (the six Gosvaamis).

**EI CHAY GOSAAIR KORI CARANA VANDAN
JAAHAA HOITE VIGHNA NAASH ABHISHTA PURAN**

I praise the feet of these six Gosvaamis. By them obstacles are destroyed and spiritual
aspirations are fulfilled.

**EI CHAY GOSAAI JAAR, MUI TAARA DAAS
TAA SABAARA PADA RENU MORA PANCA GRAAS**

I am the servant of the servant of these six Gosvamis. Their foot dust is my whole meal.

EI CHAY GOSAAI PRABHU MORE KORO DOYAA

CARANE SHARANA NILAAM DEHO PADA CHAAYAA

“O you six Gosvamis, my masters, bestow their grace upon me. I took shelter of your lotus feet — give me the shade of your feet!”

**EI CHAY GOSAAI JABE BRAJE KOILAA BAAS
RAADHAA-KRISHNA NITYA LILAA KORILAA PROKAASH**

When these six Gosvamis lived in Vraja [Vrindavan area] they revealed the eternal Play of Radha and Krishna.

**AANANDE BOLO HARI BHAGO VRINDAAN!
SHRI GURU VAISHNAVA PADA MAJAAIYAA MAN**

“Say in ecstasy: Hari!, and worship Vrindavan!
Immerse your mind in the feet of the Guru and the Vaishnavas!

**SHRI GURU VAISHNAVA PAADA PADMA KORI AASH
NAAM SANKIRTANA KORE NAROTTAMA DAAS**

Hoping for the lotus feet of the Guru and the Vaishnavas, Narottam Das thus sings the names of the Lord.

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**NITAAI GAURA HARIBOL HARIBOL HARIBOL HARIBOL
BOL HARIBOL NITAAI GAURA HARIBOL
GAURA HARIBOL SITAA ADVAITA BOL**

Sing the names of Hari, Nitai and Gaura sing the names of Hari.
Sing the names of Gaura, Sita (the wife of Advaita) and Advaita.

**GAUR AANAA THAAKUR MODER ADVAITA BOL
KULER DEBATAA MODER ADVAITA BOL
ADVAITA BOL SITAA ADVAITA BOL
GAUR HARIBOL GAUR HARIBOL HARIBOL HARIBOL...**

Sing of Advaita, our Lord who brought Gaura to the world.
Sing of Advaita, the godhead of our family.
Sing of Advaita, Sita and Advaita.

PREMA DHVANI (CRY OF LOVE, FINAL PRAYERS, DEVOTEES KNEEL)

**PREM SE KAHO SHRI RAADHE KRISHNA BOLIYE PRABHU NITAAI
CAITANYAADVAITA SHRI RAADHAARAANI KI — JAY**

Say with love Sri Radhe Krishna Prabhu Nitai Caitanya Advaita Sri Radharani.

**SHRI MADAN GOPAAL DEV KI — JAY
SHRI GOPISHVAR BHAGAVAN KI — JAY
DOYAAL PRABHU SITAANAATH KI — JAY
SHRI GURU JI MAHAARAJ KI — JAY
SHRI NAVADVIP DHAAM KI — JAY
SHRI VRINDAVAN DHAAM KI — JAY
GIRIRAJ MAHAARAJ KI — JAY
JAY JAY SANDHYAA AARATI KI — JAY
JAY JAY SHRI RAADHE SYAAM**

THUS ENDS THE ASHRAM KIRTAN PROGRAM



**2. PRAYERS, SONGS, MANTRAS AND MEDITATIONS
FOR PRIVATE RECITAL**

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ŚRĪ GURU VANDANA

Bengali poem in praise of the Guru

AASHRAYA KORIYAA BANDO SHRI GURU CARAN

JAAHAA HOITE MILE BHAAI! KRISHNA PREMA DHAN

“O brother! Take shelter of Sri Guru's lotus feet and praise Him,
because through that one gets the treasure of love for Krishna.

**JIBERA NISTAARA LAAGI NANDA SUTA HARI
BHUVANE PROKAASH HON GURU RUPA DHARI**

To save the fallen souls Hari, the son of Nanda, has manifest on earth
assuming the form of the Guru.

**MAHIMAAY GURU KRISHNA EKA KORI JAANO
GURU AAGYAA HRIDE SABA SATYA KORI MAANO**

Know that in glories the Guru and Krishna are equal.
In the heart, consider the order of the Guru to be true.

**SATYA GYAANE GURU VAAKYE JAAHAARA BISHWAAS
AVASHYA TAAHAAR HOY BRAJA BHUME BAAS**

Whoever believes the words of the Guru to be true
will surely reside in the Highest Paradise of Braja Bhumi.

**JAAHAAR PROTI GURUDEV HON PARASANNA
KONO BIGHNE SEI NAAHI HOY AVASANNA**

With whomever Gurudeva is satisfied, he will not be overcome by any obstacle.

**KRISHNA RUSHTE HOLE GURU RAAKHIBAARE PAARE
GURU RUSHTA HOLE KRISHNA RAAKHIBAARE NAARE**

When Krishna is angry the Guru can protect you,
but when the Guru is angry Krishna cannot save you.

**GURU MAATAA GURU PITAA GURU HON PATI
GURU BINAA E SANGSAARE NAAHI AAR GATI**

Guru is the mother, Guru is the father and Guru is the husband.
Without the Guru there is no shelter in this world.

**GURU KE MANUSYA GYAAN NAA KORO KOKHON
GURU NINDAA KABHU KARNE NA KORO SHRABAN**

Never consider the Guru to be an ordinary human being,

Songs and verses of Sadhu Baba's gothi

and never listen to criticism of the Guru.

**GURU NINDUKERA MUKHA KABHU NA HERIBE
JATHAA HOY GURU NINDAA TATHAA NAA JAAIBE**

Never look at the face of a critic of the Guru
and never go there where the Guru is criticised.

**GURURA BIKRIYA JADI DEKHOHO KOKHON
TATHAAPI AVAGYA NAAHI KORO KADAACAN**

If you ever see the Guru misbehaving you must still never disrespect him.

**GURU PAADAPADME ROHE JAARA NISTHAA BHAKTI
JAGAT TAARITE SEI DHARE MAHAA SHAKTI**

Whoever has fixed devotion for the lotus feet of the Guru
bears the great power to save the world.

**HENO GURU PAADA PADME KOROHO VANDANA
JAAHAA HOITE GHUCE BHAAI SAKALA JANTRANA**

O Brother! Praise the lotus feet of such a Guru
— through that one destroys all suffering.

**GURU PAADA PADMA NITYA JE KORE VANDAN
SHIRE DHORI BANDI AMI TAAHAARA CARAN**

I praise the feet of anyone who always praises the lotus feet of the Guru
and carry them on my head.

**SHRI GURU CARANA PADMA HRIDE KORI AASH
SHRI GURU VANDANA KORE SANAATANA DAAS**

Hoping for the lotus feet of Sri Guru within his heart Sanatan Das praises Sri Guru.



SRI SRI DĀMODARĀṢṬAKAM

**Sung daily during the month of Kaartik
(from 4 days before the full moon in October
until 4 days before the full moon in November)**

**NAMAAMISHVARAM SACCID AANANDA RUPAM
LASAT KUNDALAM GOKULE BHRAJAMANAM
YASHODAA BHIYOLUKHALAAD DHAAVAMAANAM
PARAAMRISHTATAM ATYANTATO DRUTYA GOPYAA - 1**

I offer my obeisances to the Lord whose form is transcendental, whose earrings dangle, who shines in Gokula, and who fearfully ran away from His mother Yashoda's grinding block, hotly pursued by the cowherdess (Yashoda).

**RUDANTAM MUHUR NETRA YUGMAM MRIJANTAM
KARAAMBHOJA YUGMENA SAATANKA NETRAM
MUHUH SHVAASA KAMPA TIREKHAANKA KANTHAM
STHITA GRAIVA DAAMODARAM BHAKTI BADDHAM - 2**

I offer my obeisances unto Sri Daamodar, who is bound by devotional love only. Constantly weeping, He wipes both His fearful eyes with His lotus hands, constantly sighing and making His three-lined neck, which is decorated with a necklace, tremble.

**ITIDRIK SVA LILAABHIR AANANDA KUNDE
SVA GHOSHAM NIMAJJANTAM AAKHYAAPAYANTAM
TADIYESHITA GYESHU BHAKTAIR JITATVAM
PUNAH PREMATAS TAM SHATAAVRITTI VANDE - 3**

“In this way Damodara immerses His devotees in Gokul in a pool of transcendental bliss with His pastimes, and proclaims to those devotees who only see His majesty that He is bound by love only. Hundreds of times I offer my praises to Him again.

**VARAM DEVA MOKSHAM NA MOKSHAADVADHIM VAA
NA CAANYAM VRINE HAM VARESHAAD APIHA
IDAM TE VAPUR NAATHA GOPAALA BAALAM
SADAA ME MANASYAABHIR AASTAAM KIM ANYAIH - 4**

“O Lord! I don't want liberation or any other benediction from You, not even a devotional one. Just let Your form as a cowherd toddler constantly remain within my mind — what is the use of any other benediction?”

**IDAM TE MUKHAAMBHOJAM ATYANTA NILAIR
VRITAM KUNTALAIH SNIGDHA RAKTAISH CA GOPYAA
MUHUSH CUMBITAM BIMBA RAKTAADHARAM ME
MANASYAAVIRAAS TAAM ALAM LAKSHA LAABHAIH - 5**

“May Your lotus face, which is deep blue and is flanked by fine curly reddish locks, and which is constantly kissed by mother Yashoda's red cherry-lips, always appear within my mind. I don't desire even thousands of other benefits.”

**NAMO DEVA DAAMODARAANANTA VISHNO!
PRASIDA PRABHO! DUHKA JAALAABDHI MAGNAM
KRIPAA DRISHTI BRISHTYAATI DINAM BATAANU
GRIHAANESHA MAAM AGYAM EDHYAAKSHI DRISHYAH - 6**

“Obeisances to You, O unlimited Lord Vishnu, Daamodara! O Lord, be pleased with me! I am drowning in an ocean of sorrow! Shower this wretch with Your merciful glance and accept this fool! Please appear before my eyes!”

**KUVERAATMAJAU BADDHA MURTYAIVA YADVAT
TVAYAAMOCITAU BHAKTI BHAAJAU KRITAU CA
TATHAA PREMA BHAKTIM SVAKAAM ME PRAYACCHA
NA MOKSHO GRAHO ME STI DAAMODAREHA — 7**

O Daamodar! Just as You freed the sons of Kuvera from Naarada's curse with the ropes that bound You to the grinding block, so similarly free me by giving me prema bhakti — I don't accept liberation.

**NAMAS TE STU DAAMNE SPHURAD DIPTI DAAMNE
TVADIYODARAAYAATHA VISHVASYA DHAAMNE
NAMO RAADHIKAAAYAI TVADIYA PRIYAAYAI
NAMO NANTA LILAAYA DEVAAYA TUBHYAM - 8**

“Obeisances to the rope that bound You and to Your tummy, that contains the whole universe. Obeisances to Your beloved Radha, to Your unlimited pastimes and to You Yourself!”

**Offering of Aakaash Pradip
during the month of Kartik**

**Aakaash Pradip is a lamp made of cottonwool soaked in ghee,
waved towards the sky.**

**DAAMODARAAYA NABHASI TULAAYAAM LOLAYAA SAHA
PRADIPAM TE PRAYACCHAAMI NAMO NANTAAYA VEDHASE**

Unto Lord Damodar, who dwells in the sky with Lola (Radha), I offer this lamp.
Obeisances to the Endless One, the Law Giver!



ŚRĪ-ŚRĪ ADVAITA PRABHOR AṢṬAKAM

Eight Sanskrit Prayers to Śrī Advaita Prabhu, by Śrīla Ānanda Gopāla Gosvāmī

VERSE 1:

**ŚRĪLĀDVAITA JAGAD-GURO GUṆA-NIDHE GAURĀṄGA DEVA PRIYA
SĪTĀNĀTHA DAYĀ-SUDHĀRṆAVA VIBHO SAD BHAKTI VISTĀRAKA
HĪNĀRTHĀDHĪKA SĀDHAKA DVIJA-MANĒ SAT PREMA HEMĀCALA
SVĀMIN KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬĪM MANĀN NIKṢIPA**

śrīla - the most beautiful; *advaita* - Advaita Prabhu; *jagad* - universe; *guro* - O teacher!; *guṇa* - qualities; *nidhe* - ocean; *gaurāṅga-deva* - Lord Caitanya; *priya* - dear; *sītā-nātha* - the husband of Sītā; *dayā* - grace; *sudhā* - nectar; *aṅgava* - ocean; *vibho* - O all-pervading One!; *sad* - real; *bhakti* - devotion; *vistāraka* - expander; *hīna* - of the fallen; *artha* - purpose; *adhika* - more; *sādhaka* - accomplisher; *dvija* - brāhmaṇa; *maṇe* - O jewel!; *sat* - real; *prema* - love of God; *hemācala* - golden mountain; *svāmin* - O master; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

O Śrīla Advaita Prabhu! O universal teacher! O ocean of qualities! O Gaurāṅga-deva's dearest associate! O husband of Sītā! O nectar-ocean of grace! O all-pervading Lord! O expander of pure devotion! O You who are always engaged in bestowing benefit on the fallen souls! O jewel of brāhmaṇas! O golden mountain of love of God! O master! Please cast a slight merciful glance on Your afflicted servants!

VERSE 2:

**ĀVIRBHŪYA VILOKAYAN MARU-SAMĀM SAD BHAKTI HĪNĀM DHARĀM
LOKĀN KALMAṢA RĀŚI GHORA TIMIRAIR ANDHĀMŚ CA TĀPĀRDITĀN**

**ĀDAU YASYA TAVAIVA HANTA KṚPAYĀ CITTAM DAYĀBDHE DRUTAM
SA TVAM KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIM MANĀN NIKṢIPA**

āvīrbhūya - appearing; *vilokayan* - seeing; *maru* - desert; *samām* - resembling; *sad* - pure; *bhakti* - devotion; *hīnām* - bereft of; *dharām* - mother earth; *lokān* - people; *kalmaṣa* - sins; *rāśi* - heaps; *ghora* - horrible; *timiraiḥ* - darkness; *andhām* - blind; *ca* - and; *tāpa* - affliction; *ārditān* - suffering; *ādau* - in the beginning; *yasya* - whose; *tava* - yours; *eva* - only; *hanta* - alas!; *kṛpayā* - mercifully; *cittam* - consciousness; *dayā* - compassion; *abdhe* - O ocean!; *drutam* - swiftly; *sa* - he; *tvam* - You; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

O ocean of compassion! Appearing in this world You saw that it had become like a desert, totally bereft of pure devotional practise. Aha! Seeing the afflicted people there blinded by the dense darkness of their abundant sins Your heart began to melt of great compassion. Please cast a slight merciful glance on Your afflicted servants!

VERSE 3:

**GAṄGĀMBHAS TULASĪ DALAIR ANAŚANAIṚ ĀRĀDHYA PRĀṆA PRIYAM
GOLOKĀD AVATĀRYA GOPA TANAYAM GAURĀṄGA RŪPEṆA YAḤ
NĀMA PREMA SUDHĀ-JHARAIḤ KALI HATĀN JĪVĀN SAMĀPLĀVAYAḤ
SA TVAM KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIM MANĀN NIKṢIPA**

gaṅgā - Gaṅgā; *ambhaḥ* - water; *tulasī* - Tulasī; *dalaiḥ* - with leaves; *anaśanaiḥ* - while fasting; *ārādhya* - worshipping; *prāṇa* - heart's; *priyam* - beloved; *golokāt* - from Goloka; *avatārya* - having descended; *gopa* - cowherd; *tanayam* - the son; *gaurāṅga-rūpeṇa* - in the form of Gaurāṅga; *yaḥ* - who; *nāma* - name; *prema* - love of God; *sudhā* - nectar; *jharaiḥ* - with the streams; *kali* - the age of Kali; *hatān* - afflicted; *jīvān* - the living beings; *samāplāvayaḥ* - inundated; *sa* - he; *tvam* - You; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

By worshipping Your heart's beloved prince of the cowherds (Śrī Kṛṣṇa) with Gaṅgā-water and Tulasi-leaves and by fasting You have caused Him to descend from His Goloka-realm in the form of Śrī Gaurāṅga-deva, who inundated the living beings, that were afflicted by the present age of Kali, with the nectar-flood of Hari-nāma and prema. Please cast a slight merciful glance on Your afflicted servants!

VERSE 4:

**DRAṢṬUṂ PŪJAKA VARYA KĀṆKṢATI MANO NAḤ SVEDA SIKTĀMBARĀM
HUṆKĀRA DHVANI DHĀRIṆĪM VIGALITĀM PREMĀŚRUBHIR MOHINĪM
MŪRTIṂ TE PULAKAIŚ CITĀM SURADHUNĪ TĪRA STHITĀM KAMPITĀM
TASMĀT KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIṂ MANĀN NIKṢIPA**

draṣṭum - seeing; *pūjaka* - priest; *varya* - best; *kāṅkṣati* - desiring; *manaḥ* - mind; *naḥ* - us; *sveda* - sweat; *sikta* - drenched; *ambarām* - garment; *huṅkāra* - roar; *dhvani* - sound; *dhāriṇīm* - holder; *vigalitām* - melting; *prema* - love of God; *śrubhiḥ* - with tears; *mohinīm* - enchanting; *mūrtiṁ* - form; *te* - Your; *pulakaiḥ* - with goosepimples; *citām* - heart; *suradhunī* - Gaṅgā; *tīra* - bank; *sthitām* - situated; *kampitām* - shivering; *tasmāt* - thus; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭiṁ* - glance; *manāk* - slightly; *nikṣipa* - cast.

O best of worshippers! When we see Your enchanting form shivering and studded with goosepimples, covered by garments that are drenched by sweatdrops of ecstasy, and when we hear You weeping and roaring of ecstasy, Your eyes filled with tears of love as You stand on the bank of the Gaṅgā, our minds become very agitated. Please cast a slight merciful glance on Your afflicted servants!

VERSE 5:

**HE GOPĪ-HṚDAYĀDHIRĀJA SUNDARA-VARA ŚRĪ RĀDHIKĀ VALLABHA
DĪNO'YAM BATA YĀCATE'TIVIKALAS TE DARŚANAM MOHANA
ITTHAM VĀṢPA-NIRUDDHA KAṆṬHA-LAPITAM TE ŚROTUM UTKĀ VAYAM
TASMĀT KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIṂ MANĀN NIKṢIPA**

he - O!; *gopī* - cowherdgirl; *hṛdaya* - heart; *ādhirāja* - king; *sundara-vara* - most beautiful one; *śrī rādhikā vallabha* - lover of Śrī Rādhikā; *dīna* - low; *ayam* - this; *bata* - alas!; *yācate* - praying; *ati* - very; *vikala* - agitated; *te* - Your; *darśanam* - audience; *mohana* - O enchanter!; *ittham* - thus; *vāṣpa* - tears; *niruddha* - choked; *kaṅṭha* - throat, or voice; *lapitam* - uttering; *te* - Your; *śrotum* - hearing; *utkā* - eager; *vayam* - we; *tasmāt* - thus; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

"O sovereign of the gopis' hearts! O most beautiful One! O lover of Śrī Rādhikā! O enchanter! Alas! This fallen soul is very eager to see You!" We are very eager to hear You pray like that with a tear-choked voice, therefore, O master, please cast a slight merciful glance on Your afflicted servants!

VERSE 6:

**KVA TVAM GAURA-GAṆĀGRAṆĪḤ KVA NU VAYAM DĪNĀTI DĪNĀ MAHĀ
SĀMSĀRĀRṆAVA MAGNA DURGATA NARĀḤ KĀLUṢYA PAṆKĀKULĀḤ
TASMĀT TE PADAYOR BALAM SASUMATIM BHAKTIM CA YĀCĀMAHE
SVĀMIN KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIM MANĀN NIKṢIPA**

kva - where; *tvam* - You; *gaura-gaṇa* - associates of Lord Gaurāṅga; *agraṇīḥ* - the foremost; *kva* - where; *nu* - whether; *vayam* - we; *dīna* - low; *ati* - very; *dīnā* - fallen souls; *mahā* - great; *sāmsāra* - material existence, household life; *aṇava* - ocean; *magna* - immersed; *durgata* - miserable; *narāḥ* - people; *kāluṣya* - contamination; *pañka* - mud; *ākulāḥ* - agitated; *tasmāt* - therefore; *te* - Your; *padayoḥ* - Your feet; *balam* - strength; *sasumatim* - with the right attitude; *bhaktim* - devotion; *ca* - and; *yācāmahe* - we pray; *svāmin* - O master!; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

Where are You, the foremost of Lord Gaurāṅga's associates, and where are we, the most miserable fallen souls that are drowning in the great ocean of materialistic life and are agitated by the muck of sin? Therefore we pray to you for strength and proper devotion to Your lotus feet. O master! Please cast a slight merciful glance on Your afflicted servants!

VERSE 7:

**SĪTĀNĀTHA CIRĀYA MOHA TIMIRĀCCHANNAM MANAḤ KANDARAM
ASMĀKAM SAMUDITYA GAURAHARIṆĀ SĀKAM SAMUDBHĀSAYA
SAT PREMĀMṚTA SIṢCANAIḤ ŚÍSIRAYAN TAPTĀMS TU NAḤ PĀLAYA
SVĀMIN KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIM MANĀN NIKṢIPA**

sītānātha - O husband of Sītā!; *cirāya* - for long; *moha* - delusion; *timira* - darkness; *āchannam* - covered over; *manaḥ* - mind; *kandaram* - cave; *asmākam* - our; *samuditya* - arising; *gaura-hariṇā sākam* - with Gaurahari; *samudbhāsaya* - please illuminate; *sat* - pure; *prema* - love of God; *amṛta* - nectar; *siṣcanaiḥ* - by sprinkling; *śísirayan* - cooling off; *taptām* - the affliction; *tu* - but; *naḥ* - our; *pālaya* - protect; *svāmin* - O master!; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *drṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

O husband of Sītā! May You always appear along with Śrī Gaurahari and eradicate the darkness of delusion from the caves of our minds with Your illumination, and may You protect us afflicted souls by sprinkling us with the nectar of pure love of God! O master! Please cast a slight merciful glance on Your afflicted servants!

VERSE 8:

**ŚRĪLĀDVAITA DAYĀNIDHE TAVA ŚUBHE JANMOTSAVE SAṄGATĀḤ
ŚRĪMAT PĀDA SARORUHA DVAYA SAMĀRĀDHĀRTHINAḤ SĀMPRATAM
JĀNĪMO NA VAYAM TU MŪḌHA-MATAYAS TE DEVA SEVĀ-VIDHIM
TASMĀT KĀTARA KIṆKAREṢU KARUṆĀ-DRṢṬIM MANĀN NIKṢIPA**

śrīla advaita - revered Advaita; *dayā-nidhe* - O ocean of mercy!; *tava* - Your; *śubhe* - auspicious; *janmotsave* - during the birth celebration; *saṅgatāḥ* - assembled; *śrīmat* - beautiful; *pāda* - feet; *saroruha* - lotus; *dvaya* - a pair; *samārādhā* - worshipped; *arthinaḥ* - for the sake of; *sāmpratam* - currently; *jānīmo* - knowing; *na* - not; *vayam* - we; *tu* - but; *mūḍha-matayaḥ* - fools; *te* - Your; *deva* - God; *sevā* -

service; *vidhiṁ* - rules; *tasmāt* - hence; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *dṛṣṭiṁ* - glance; *manāk* - slightly; *nikṣīpa* - cast.

O Śrīla Advaita Prabhu! O ocean of mercy! We are now assembled to worship Your lotus-like feet on the auspicious occasion of Your birthday festival. But, O Lord, fools as we are we do not know the rules of this worship! Therefore, please cast a slight merciful glance on Your afflicted servants!

BENEDICTION:

**YO'DHĪTE ŚARAṆĀGATAŚ CARAṆAYOR ADVAITA DEVA PRABHOR
NITYAM BHAKTI VINAMRA MĀNASATAYĀ VANDYASYA TASYĀṢṬAKAM
TAM NĀMNĀ KAMALĀKṢA EṢA BHAGAVĀN ŚRĪ KṚṢṆA CAITANYAṢU
AṄGĪ-KṚTYA NIJĀṄGHRI SEVAKATAYĀ PREMĀMṚTAM YACCHATU**

yaḥ - anyone; *adhīte* - recites; *śaraṇāgataḥ* - taking shelter; *carāṇayoḥ* - lotusfeet; *advaita deva prabhoḥ* - of Lord Advaita; *nityam* - always; *bhakti* - devotion; *vinamra* - humbly; *mānasatayā* - mentally; *vandyasya* - of this praise; *tasya* - His; *aṣṭakam* - eight verses; *taṁ* - Him; *nāmnā* - by name; *kamalākṣa* - lotus-eyed Kamalākṣa; *eṣa* - this; *bhagavān* - God; *śrī kṛṣṇa caitanyaṣu* - with Śrī Kṛṣṇa Caitanya; *aṅgīkṛtya* - having accepted; *nija* - own; *aṅghri* - lotusfeet; *sevakatayā* - being a servant; *prema* - love of God; *amṛtam* - nectar; *yacchatu* - may He bestow.

May Lord Advaita-deva, who is also known as the lotus-eyed Kamalākṣa, along with Śrī Kṛṣṇa Caitanya, accept anyone who is fully surrendered to His lotus feet and who always humbly and devotedly recites these eight verses, as His servant and bestow the nectar of love of God upon him.

Thus ends the Śrī Advaita Prabhor aṣṭakam
by Prabhupāda Śrīla Ānanda Gopāla Gosvāmī



MOHA-MUDGAR

The hammer of Illusion

by Sripad Shankaracarya

1] MŪDHA JAHĪHI DHANĀGAMA TRṢṢNĀM
KURU SAD BUDDHIṢ MANASI VITRṢṢNĀM
YALLABHASE NIJA KARMOPĀTTAM
VITAM TENA VINODAYA CITTAM

O fool, give up hankering after wealth, refine your intellect, shake off thirst for wealth from your mind. Be happy and content with what you have by your honest labor.

2] ARTHAM ANARTHAM BHĀVAYA NITYAM
NĀSTI TATAḢ SUKHA LEŚAḢ SATYAM
PUTRĀD API DHANA BHĀJAM BHĪTIḢ
SARVATRAIṢA VIHITĀ NĪTIḢ

Money is the root of all evil, always remember that. Surely and truly there is not a drop of happiness in it. The rich even fear their son. This is the moral lesson we learn everywhere.

3] YĀVAD VITTOPĀRJANA ŚAKTAS
TĀVAN NIJA PARIVĀRO RAKTAḢ
TAD NUCA JARAYĀ JARJARA DEHE
VĀRTAM PRĀCCHATI KO'PI NA GEHE

Your family will love you as long as you make money, but when your body is worn down by old age no one at home will inquire about you.

4] KĀ TAVA KĀNTA KAS TE PUTRAḢ
SĀMSĀRO'YAM ATĪVA VICITRAḢ

**KASYA TVAM VĀ KUTA ĀYĀTAS
TATTVAM CINTAYA TAD IDAM BHRĀTAḤ**

**Who is your wife, who is your son – this family life is so amazing.
Whose are you and where have you come from? O brother, ponder on this!**

**5] MĀ KURU DHANA JANA YAUVANA GARVAM
HARATI NIMEṢĀT KĀLAḤ SARVAM
MĀYĀMAYAM IDAM AKHILAM HITVĀ
BRAHMAPADAM PRAVIŚĀŚU VIDITVĀ**

**Don't be fond of your wealth, men and youth, because Time will take it
all away in a moment. All this is Maya. Give it all up and enter into spiritual
life quickly.**

**6] KĀMAM KRODHAM LOBHAM MOHAM
TYAKTĀTMANAM BHĀVAYA KO'HAM
ĀTMA JÑĀNA VIHĪNA MŪḌHĀS
TE PACYANTE NARAKE NIGŪDHĀ**

**Give up lust, anger, greed and illusion and ponder – who am I? The
fools are bereft of knowledge of the Self and boil in a deep hell.**

**7] SURAVARA MANDIRA TARUTALA VĀSAḤ
ŚAYYA BHŪTALE AJINAM VĀSAḤ
SARVA PARIGRAHA BHOGA TYĀGAḤ
KASYA SUKHAM NA KAROTI VIRĀGA**

**Who will not delight in renunciation, giving up all endeavours and
enjoyment, residing sometimes in a godly temple, sometimes under a tree,
lying on the ground and dressed in deer skin?**

**8] ŚĀTRAU MITRE PUTRE BANDHAU
MĀ KURU YATNAM VIGRAHA SANDHAU
BHAVA SAMA CITTAḤ SARVATRA TVAM
VĀÑCHASYACIRĀD YADI VIṢṆUTVAM**

If you desire everlasting life swiftly, then be equipoised to enemies, friends, sons, and don't endeavour for war or peace anywhere.

9] AṢṬA KULĀCALA SAPTA SAMUDRAḤ
BRAHMA PURANDARA DINAKARA RUDRAḤ
NA TVAMĀ NĀHAMĀ NĀYAMĀ LOKAS
TAD API KIM ARTHAM KRIYATE ŚOKAḤ

Nothing is permanent – not even the eight mountains (Himālaya, Mahendra, Sahya, Suktimān, Rkṣa, Bindhyā, Paripatra and Malaya), the seven oceans (of salt water, sugarcane, wine, ghee, curd, milk and sweet water), nor Brahma, Indra, the sun or Shiva, nor me nor you nor any of these people. So why lament?

10] NALINĪ DALAGATA JALAM ATI TARALAM
TADVAJJĪVANAM ATISĀYA CAPALAM
KṢAṆAM IHA SAJJANA SANGATIREKĀ
BHAVATI BHAVĀRṆAVA TARANE NAUKĀ

Life is very transitory, like the water on a lotus leaf. However, even a moment's association with a saint is a boat for crossing the ocean of material life.

11] BĀLAS TĀVAT KRĪDĀSAKTAS
TARUNAS TĀVAT TARUṆĪ RAKTAḤ
VṚDDHAS TĀVACCINTĀ MAGNAḤ
PARAME BRAHMANI KO'PI NA LAGNAḤ

A child is attached to play, a young man to a young woman and an old man to memories and worries. No one is attached to the Supreme Brahman.

12] AṄGAMĀ GALITAMĀ PALITAMĀ MUṆḌAMĀ
DANTA VIHĪNAMĀ JĀTAMĀ TUṆḌAM
BRDDHO YĀTI GRHITVĀ DAṆḌAM
TAD API NA MUNCATYĀŚĀ PIṆḌAM

In old age the body deteriorates, the head is covered with grey hair, the mouth becomes toothless, and one clutches a staff to keep straight – still one cannot give up material desires.

13] PUNAR API JANANAM PUNAR API MARANAM
PUNAR API JANANI JATHARE SAYANAM
IHA SAMSARE KHALU DUSTARE
KRPAYAPARE PAHI MURARE

Again there is birth, again there is death, again one reclines in the womb of a mother. This material life is surely hard to cross! Murari! Save me!

14] VAYASIGATE KAḤ KĀMA VIKĀRAḤ
ŚUṢKA NĪRE KAḤ KASĀRAḤ
NAṢṬE DRAVYE KAḤ PARIVĀRO
JÑĀTE TATTVE KAḤ SAMSĀRA

When aged, where is there sexual agitation? When there is drought, where is the pond? When goods are lost, where is the family? When the truth is learned, where is material life?

15] DINAM API RAJANI SĀYAM
PRĀTAḤ ŚĪSIRA VASANTO
KĀLAḤ KRĪḌATI GACCHATYĀYUS
TAD API NA MUNCATYĀŚĀ VĀYUḤ

Day and night, evening and morning, winter and spring. This is the play of Time, and thus life span is lost. Still the winds of desires are not renounced.

16] GURU CARAÑAMBUJA NIRBHARA BHAKTAḤ
SAMSĀRĀD ACIRĀD BHAVA MUKTAḤ
INDRIYA MANASA NIYAMA DEVAM
DRAKṢYASI NIJA HṚDAYASTHAM DEVAM
BHAJA GOVINDAM BHAJA GOVINDAM

**BHAJA GOVINDAM NANU MUDHAMATE
PRAPTE SANNIDHIM ATHA TE MARANE
NAHI NAHI RAKSATI SADU KRAN KARANE**

O devotee! Be swiftly released from material life by depending on the lotus feet of the Guru. See the God who regulates the senses and the mind, and who dwells in your own heart! Worship Govinda, worship Govinda, worship Govinda, Oh dull minded one! When death comes near, no one else can save you!



TEN OFFENCES AGAINST THE CHANTING OF THE DIVINE NAMES

*satām nindām paramam aparādhām vitanute
yataḥ khyātim yātam katham u sahate tad vigarhitam*

1. “To criticise the saints who have broadcast the glory of the divine names is the first and foremost offence. How can the Divine Name ever tolerate such a thing?”

*śivasya śrī viṣṇor ya iha guṇa nāmādi sakalam dhiyā bhinnam paśyet
sa khalu hari-nāmāhitakaraḥ*

2. “Whoever sees difference between the attributes, names etc of Śiva and Śrī Viṣṇu certainly does not benefit the Divine Name of Hari.”

guror avajña

3. “To disrespect the Guru.”

śruti śāstra nindanam

4. “The criticise the revealed Vedic scriptures.”

tathārtha-vādo hari-nāmni kalpanam

5. "Giving up the glorificatory meaning of the Hari-nāma and concocting another, futile, meaning."

nāmno balād yasya hi pāpa buddhiḥ na vidyate tasya yamair hi śuddhiḥ

6. "Committing sin on strength of chanting the Divine Names." Sādhu Bābā: "If chanting of Hari-nāma destroys all sins then I can deliberately commit sin and then later destroy them by chanting Hari-nāma. Thinking like this is an offence."

dharma vrata tyāga hūtādi sarva śubha kriyā sāmyam api pramādaḥ

7. "Considering the performance of ordinary religious duties, vows, renunciation, sacrifices and all other auspicious pious works to be equal to the chanting of Hari-nāma is an offence."

aśraddadhāne vimukhe'pyaśṛṇvati yaś copadeśa śiva nāmāparādhaḥ

8. "To instruct a faithless, averse person who is unwilling to listen is an offence."

śrute'pi nāma mātmye yaḥ prīti rahito naraḥ

9. "To remain bereft of love for the Divine Name even after hearing its glorification."

*aham mamādi paramo nāmni so'pyaparādha-kṛt
jāte nāmāparādho'pi pramādena kathancana
sadā saṅkīrtayann nāma tad eka śaraṇo bhavet*

10. "A person who engages in sense enjoyment, thinking in terms of 'I' and 'mine' is an offender."

"If one somehow, inadvertantly commits an offence to the chanting of the Divine Names one should take constant and exclusive shelter of the assembled singing of Hari-nāma."

MANTRAS

Śrī-Śrī Gurudeva's meditation —

ŚVETĀMBARA PARIDHĀNAM ŚVETA MĀLĀNULEPANAM
VARĀBHAYA KARĀM ŚĀNTAM KARUṆĀMAYA VIGRAHAM
VĀMENOTPALA DHĀRINYĀ ŚAKTYĀLINGITA VIGRAHAM
SMERĀNANAM SUPRASANNAM SĀDHAKĀBHIṢṬA DĀYAKAM

He wears white garments, garlands and ointments. His hand bestows blessings and fearlessness. He is peaceful. He is the embodiment of compassion.

His shape is embraced by the Shakti that holds a lotus in the left hand.

His smiling face radiates satisfaction. He bestows all boons to the sādhakas.

Śrī-Śrī Kṛṣṇa's Pranām Mantra –

NAMO BRAHMANYA DEVĀYA GO BRĀHMANA HITĀYA CA
JAGADDHITĀYA KṚṢṆĀYA GOVINDĀYA NAMO NAMAḤ

“Obeisances time and again to Kṛṣṇa, Govinda, the god of the Brahmins and the cows, the benefactor of the Brahmins and the whole universe.”

Śrī-Śrī Rādhikā's Pranām Mantra –

TĀPTA KĀNCANA GAURĀNGI RĀDHE VṚNDĀVANEŚVARI
VṚṢABHĀNU SUTE DEVI TVAM NAMĀMI HARI PRIYE

“O beloved of Hari! O daughter of King Vṛṣabhānu! O goddess! O Rādhē! O goddess of Vrindāvan! O You whose golden body resembles molten gold! I offer my obeisances unto You!”

Śrī-Śrī Sūrya's Pranām Mantra –

JAVĀ KUSUMA SANKĀMŚAM KĀŚYAPEYAM MAHĀ-DYUTIM
DHVĀNTĀRIM SARVA PĀPA-GHNAM PRANATO'SMI DIVĀKARAM

“I salute the sun, whose rays shine like the [blood-red] Javā-flower, who is great solar radiance, who is the enemy of darkness and who destroys all sins.”

Śrī-Śrī Kṛṣṇa's meditation –

BARHĀPIRĀBHIRĀMAM MRGAMADA TILAKAM KUNDALĀKRĀNTA GAṆḌAM
KANJĀKṢAM KAMBU-KAṆṬHAM SMITA SUBHAGA MUKHAM SVĀDHARE
NYASTA VENUM
ŚYĀMAM ŚĀNTAM TRIBHANGAM RAVI KARA VASANAM BHUṢITAM
VAIJAYANTYĀ
VANDE VRNDĀVANASTHAM YUVATI ŚATĀVRṬAM BRAHMA GOPĀLA VEŚAM

I salute the Supreme Brahman that dwells in Vrindavan dressed like a cowherd boy, His head crowned by a peacock feather, His forehead adorned with a musk tilak mark, His cheeks struck by His earrings, His eyes resembling lotus flowers, His neck a conch shell, His beautiful mouth holding a flute to the lips. He is blackish blue in complexion, peaceful, stands in a threefold bending form, His cloth shines like the sunrays, He is decorated by a five-flower garland and He is surrounded by hundreds of young girls.

Śrī-Śrī Radharani's meditation —

TATO'DHYĀYET PARAM DEVĪM KĀNCANĀBHĀM VARA PRADĀM
KIŚORĪM KṚṢṆA SAHITAM NILĀMBARA DHARĀM ŚUBHĀM
DAKṢIṆE DHRṬA TĀMBULĀM PĀṆAU VĀME SAMUDGAKĀM
DHĀRAYANTĪM SVARNA BHUṢAM SADĀ KṚṢṆĀNURĀGINĪM
KṚṢṆASYA NAYANĀSAKTĀM HĀRA NŪPURA BHUṢITĀM

“Now meditate on the Supreme Goddess, who shines like gold and bestows blessings. She is of adolescent age, dwells with Kṛṣṇa, wears a beautiful blue dress, holds a betel leaf in Her right hand and a round casket in Her left hand.

She wears golden ornaments and is always passionately attached to Kṛṣṇa.

She is the apple of Kṛṣṇa's eyes and is adorned with necklaces and anklebells.

Śrī-Śrī Vṛndāvana's meditation –

ŚRĪMAD VṚNDĀVANAM RAMYAM YAMUNAYĀ PRADAKṢIṆAM
ŚUDDHA SVARNA MAYAM STHĀNAM KALPA-VṚKṢA SUŚOBHANAM
NĀNĀ PUṢPA VANAM TATRA GANDHEṢU PARIPŪRITAM
DHYEYAM VṚNDĀVANAM DHĀMA GOPA GOPI VIRĀJITAM

“Meditate on Vṛndāvana, so lovely and beautiful, surrounded by the Yamunā river, made of pure gold and adorned by desire trees. There are different flower gardens there filled with fragrant flowers and many cowherd boys and girls live there.”

Mantra for picking Tulasi-leaves –

TULASYAMṚTA NĀMĀSI SADĀ TVAM KEŚAVA PRIYĀ
KEŚAVĀRTHE CINOMI TVAM VARADĀBHAVA ŚOBHANE

Tulasi! Your name is like nectar! You are always Keśava's beloved. I pick you for the service of Keśava! O bestower of blessings! Be pleased with me!

Śrī-Śrī Gopīśvara's Pranām Mantra –

VṚNDĀVANĀVANI PATE! JAYA SOMA SOMA-
MAULE! SANANDANA SANĀTANA NĀRADERHYA
GOPĪŚVARA! VRAJA VILĀSI YUGĀNGHRI PADME
PREMA PRAYACCHA NIRUPĀDHI NAMO NAMAS TE

“O Gopīśvara [Shiva]! O master of the land of Vṛndāvana! O Soma (sa + umA = He who consorts with Uma) with the moon crest! O You who are worshiped by Sanandana, Sanātana and Nārada! Please give me causeless love for the lotus feet of the young couple that enjoys in Vraja (Rādhā-Kṛṣṇa)! I offer my obeisances unto You again and again!”

ADHIVĀSA KĪRTAN

Adhivaasa Kirtan is held on the eve of any important festival.

**JAYA RE JAYA RE GORA, SHRI SHACI NANDANA,
MANGALA NATANA SUTHAAN
KIRTANA AANANDE, SHRIVAAS RAAMAANANDE,
MUKUNDA VAASU GUNA GAAN**

All glories to Shri Shaci Nandana (Shri Caitanya Mahaprabhu) and His auspicious dance!
In the ecstasy of kirtan Shrivasa and Ramananda, Mukunda and Vasu Ghosh sing His
glories.

**DRAANG DRAANG DRIMI DRIMI, MANGALA BAAJATA,
MADHURA MANDIRA RASAALA RE
SHANKA KARATAAL, GHANTAA RABA BHELO,
MILALO PADA TALE TAALA RE**

The sweet temple resounds with auspicious rhythms like draang draang drimi drimi.
Conch shells, hand cymbals and gongs resound, meeting with the rhythm of dancing
footsoles.

**KO DEI GORA ANGE, SUGANDHI CANDANA,
KO DEI MAALATI MAALA RE
PIRITI PHULA-SHARE, MARAMA BHEDALO,
BHAAVE SAHACARA BHORA RE**

Some anoint Gora's body with fragrant sandalwood paste, others with a garland of Maalati
flowers. The hearts of his associates are pierced with the arrows of pure love and thus they
are steeped in emotions.

**KOI KOHOTO GORA, JAANAKI BALLABHA,
RAADHAARA PRIYA PANCA BAAN RE
NAYANAANANDER MONE, AANANDA HI JANE,
AAMAAR GADAADHARER PRAAN RE**

Some say that Gora is Raama, the husband of Sita, others say He is the beloved of Radha
(Krishna), but Nayanaananda (the author) blissfully knows:
'He is the life of my Gadaadhara.'

dhana sri —

EKA DINA PAHU HAASI, ADVAITA MANDIRE AASI

**BOLILEN SHACIRA KUMAAR
NITYAANANDA KORI SANGE, ADVAITA BOSILAA RANGE
MAHOTSAVE KORILAA VICAAR**

One day the Lord Shaci Nandan laughed, went to the abode of Advaita Prabhu and sat down with Him and Nityaananda, deliberating on holding a festival.

**SHUNIYAA AANANDE AASI, SITAA THAAKURAANI HAASI,
KOHILEN MADHURA VACAN
TAA' SHUNI AANANDA MONE, MAHOTSAVERA VIDHAANE
KOHE KICHU SHACIRA NANDAN**

Hearing these deliberations, Sita Thakuraani came, smiled and spoke sweet words. Hearing them, the Son of Mother Shaci then blissfully spoke of the festival's rules.

**SHUNO THAAKURAANI SITAA, VAISHNAVA AANIYA ETHAA
AAMANTRANA KORIYAA JATANE
JE BAA GAAY JE BAAJAAY, AAMANTRANA KORI TAAI
PRTHIK PRITHAK JANE JANE**

“Listen O revered Sita Devi — carefully invite all the Vaishnavas — whoever can sing or play a musical instrument, separately, one by one.”

**ETO BOLI GORAA RAAY, AAGYAA DILO SOBAAKAAY
VAISHNAVE KOROHO AAMANTRAN
KHOLA KARATAALA LOIYAA, AGURU CANDANA DIYAA
PURNA GHAT KOROHO STHAAPAN**

Saying this, Lord Gora ordered them all: “Invite the Vaishnavas, take the drums and hand cymbals, aguru incense and sandalwood paste and establish full jugs!”

**AAROPANA KORO KOLAA, TAAHE BANDHO PHULA MAALAA,
KIRTAN MANDALI KUTUHOLE
MAALYA CANDANA GUWA, GHRITA MADHU DODHI DIYAA
KHOLA MANGALA SANDHYA KAALE**

“Raise the banana trees and tie flower garlands to them, arrange for the kirtan group, garlands, sandal wood paste, betel leaves, ghee, honey, curd and drums in the auspicious evening time!”

**SHUNIYAA PRABHUR KOTHAA, PRITE VIDHI KOILO JATHAA
NAANAA UPAHAAR GANDHA VAASE
SABE HARI HARI BOLE, KHOLA MANGALA KORE
PARAMESHVAR DAAS RASE BHAASE**

Hearing the Lord's words, the devotees lovingly carried out these rules with various gifts, perfumes and garments. All were saying Hari Hari, making auspicious sounds with their drums. Thus Parameshvar Daas floats in Rasa [spiritual emotions].

yathaa raaga —

**NANA DRAVYA AAYOJANA, KORI KORE NIMANTRAN
KRIPAA KORI KORO AAGAMAN
TOMARAA VAISHNAVA GAN, MORA EI NIVEDANA
DRISHTI KORI KORO SAMAAPAN**

Preparing different items, the devotees invite as follows: "Please come and attend. This is my prayer to all you Vaishnavas — Gives us your merciful glance and bring this work (i.e. Naam Yagya) to fruition."

**KORI EI NIVEDANA, AANILO MAHAANTA GAN
KIRTANERA KORE AADHIVAAS
ANEK BHAAGYERA PHALE, VAISHNAVA AASIYAA MILE
KAALI HOBE MAHOTSAVA VILAAS**

"After making this invitation, the devotees ushered the Mahaantas (devotee leaders) inside (the sacrificial arena) and (altogether) they performed the adhivaasa kirtan (which states in essence): It is a result of great luck that we can meet the Vaishnavas. Tomorrow we shall have a joyous festival."

**SHRI KRISHNERA LILAA GAAN, KORIBEN AASVAADAN
PURIBE SOBAAR ABHILAASH
SHRI KRISHNA CHAITANYA, SAKALA BHAKATA VRINDA,
GUNA GAAY VRINDAVANA DAAS**

"They (the Vaishnavas) will sing of Shri Krishna's Lila and relish it, fulfilling everyone's aspirations. Thus Vrindavan das sings the glories of Shri Krishna Caitanya and all His devotees."

yatha raga —

**AAGE RAMBHA AAROPAN, PURNA GHATA STHAAPAN,
AAMRA PALLAVA SAARI SAARI
DVIJE VEDA DHVANI KORE, NAARI GANA JOY KORE
AAR SABE BOLE HARI HARI**

"First plant the banana trees, then establish a full jug and place mango leaves in rows. Brahmins will recite the Vedas and women will sing Jay.

Songs and verses of Sadhu Baba's gosthi

Everyone else will sing Hari Hari."

**DADHI GHRITA MANGAL, KORI SOBE UTAROL
KOROYE AANANDA PARAKAASH
AANIYA VAISHNAVA GAN, DIYA MAALYA CANDAN,
KIRTANA MANGALA ADHIVAAS**

"There must be auspicious curds and ghee and everyone will display ecstasy by making loud noises. Bring the Vaishnavas, offer them garlands and sandalwood pulp and thus perform this auspicious adhivaasa kirtan."

**SABAAR AANANDA MON, VAISHNAVERA AAGAMAN
KAALI HOBE CHAITANYA KIRTAN
SHRI KRISHNA CHAITANYA NAAM, SRI NITYANAANDA RAAM,
GUNA GAAY DAAS VRINDAAVAN**

"To everyone's delight, the Vaishnavas are coming because tomorrow there will be Caitanya Kirtan. Thus Vrindaavan Daas sings the glories of Sri Krishna Caitanya and Sri Nityaananda Raam."

yathaa raaga —

**JAYA JAYA NAVADVIPA MAAJH
GAURAANGA AADESH PAAIYAA, THAAKUR ADVAITA JAAIYA,
KORE KHOL MANGALERA SAAJ**

"All glories to Navadvip! Receiving Gauranga's order, Advaita Prabhu goes and prepares the Khol Mangal (auspicious worship of the Kirtan drums)."

**AANIYAA VAISHNAVA SOB, HARIBOL KALAROB
MAHOTSABER KORE ADHIVAAS
AAPANE NITAAI DHAN, DEI MAALAA CANDAN
KORE PRIYA VAISHNAVA SAMBHAASH**

"He brings all the Vaishnavas, who perform the adhivaas kirtan of the festival by chanting Haribol. Nitai Chand Himself distributes the garlands and the sandalwood paste and sweetly addresses the Vaishnavas."

**GOVINDA MRIDANGA LOIYAA,
BAAJAAY TAA TAA THAIYAA THAIYAA
KARATALE ADVAITA CAPAL
HARIDAAS KORE GAAN, SHRIVAAS DHARAYE TAAN
NAACE GORAA KIRTANA MANGAL**

Govinda takes the clay drum and plays the rhythm *ta ta thaiya thaiya*, while restless Advaita plays the hand cymbals. Haridas sings and Shri vaas utters a melodious note, while Sri Gauraanga Himself dances in this auspicious kirtan.

**CAUDIKE VAISHNAVA GAN, HARI BOLE GHANE GHAN
KAALI HOBE KIRTAN MAHOTSAB
AAJI KHOL MANGALI, RAAKHIYE AANANDA KORI
BANGSHI BOLE DEHO JAYA RAB**

“Everywhere the Vaishnavas are loudly singing Hari — tomorrow there will be a great kirtan festival. Now the Khol Mangal (auspicious worship of the clay drum with flowers and sandalwood paste) is concluded to everyone's delight.
Bangshi Das says: Glorify this event!”

AFTER THAT THE MAHA MANTRA IS SUNG —

**HARE KRISHNA HARE KRISHNA KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA RAMA RAMA HARE HARE**

FESTIVALS IN THE ASHRAM

- 1. INSTALLATION-DAY OF SRI SRI RADHA MADANGOPAL
IN THE ASHRAM —**
Sri Sri Aksay Tritiya [May]
- 2. GURU PURNIMA** - Full moon in July
- 3. SRI SRI RADHASHTAMI** - 8TH Day of the bright moon in September
- 4. DISAPPEARANCE DAY OF SRI SRI PARAM GURUDEVA**
- 9th day of the dark moon after Radhashtami.
- 5. SRI SRI BABA'S BIRTHDAY —** Durga Shasthi, in October
- 6. SRI SRI BABA'S DISAPPEARANCE DAY**
— Three days after the full moon in October
- 7. BABA'S FIRST STEP IN THE ASHRAM IN SRIDHAMA NAVADVIP —**
January 17, 1970
- 8. MAGNANIMOUS PRABHU SITANATH'S APPEARANCE DAY —**
Magh Saptami [February] Big Festival

FASTING OBSERVED IN THE ASHRAM

1. **NARASINGHA CATURDASHI** — Fasting till dusk
2. **JANMASHTAMI VRATA** — Fasting day and night
3. **SHIVA RATRI VRATA** — Fasting day and night
4. **DOL PURNIMA VRATA** — Fasting till dusk
5. **RAM NAVAMI VRATA** — Fasting till 12 midday
6. **RADHASHTAMI VRATA** — Fasting till 12 midday
7. **PRABHU SITANATH'S BIRTHDAY** — Fasting till 12 midday